

KSD LUNCHES

If your child has special dietary requirements or has any food allergies, please inform.

Mrs de Rozarieux in the School Kitchen

Tel: 01604 858414, email: ksdlunches@hotmail.com

Allergen information for each of the dishes we provide is available to view at www.blisworth.northants.sch.uk Click on kitchen, then Allergen information this will show a list of dishes. Click on a dish to see information of Allergens.

**KSD Lunches policy is that meals must be paid for in advance of meals being taken.
£2.30 per Lunch**

This menu is for viewing only.

Please use the ONLINE ENVELOPE or WHITE ENVELOPE provided to indicate your daily choices.

Week 1 beginning 28th August 2021.

Monday		Tuesday		Training day		Training day		Friday	
								M	V
								Chicken burger	Meatless burger
								Chips	
Freshly cooked Jacket Potato with ONE choice of T =tuna H =ham C =cheese O = salmon									
								Chocolate crunch & chocolate custard	

Week 2 beginning 6th September 2021

Monday		Tuesday		Wednesday		Thursday		Friday	
M	V	M	V	M	V	M		M	V
Beef bolognaise	Cheese & tomato pasta bake	Fish fingers	Macaroni cheese	Roast Turkey	Meatless burger	Vegetarian cheese & tomato pizza		Pork sausage roll	Cheese & onion roll
Pasta		Diced potatoes		Roast potatoes		Pasta		Chips	
Freshly cooked Jacket Potato with ONE choice of T =tuna H =ham C =cheese O = salmon									
Fresh Fruit platter		Brownie		Banana cake		Chocolate cake		Ice cream	

Week 3 beginning 13th September 2021

Monday		Tuesday		Wednesday		Thursday		Friday	
M	V	M	V	M	V	M	V	M	V
Fish finger	Vegetable fingers	Beef chilli con carne	Macaroni cheese	Roast chicken	Meatless burger	Pork Sausage & Yorkshire pudding	Meatless sausage & Yorkshire pudding	Chicken & salad wrap	Cheese & salad wrap
Jacket wedges		Rice & Nachos		Roast potatoes		Mash potatoes		Chips	
Freshly cooked Jacket Potato with ONE choice of T =tuna H =ham C =cheese O =salmon									
Fresh fruit platter		Rainbow cake		Chocolate crunch		Fresh Fruit platter		Lemon cake	

Week 4 beginning 20th September 2021

Monday		Tuesday		Wednesday		Thursday		Friday	
M	V	M	V	M	V	M	V	M	V
Vegetarian cheese & tomato pizza		Pork balls	Cheese & tomato pasta bake	All day breakfast	Veggie all day breakfast	Roast Chicken	Meatless burger	Fish fingers	Macaroni Cheese
Chips		Pasta & sauce		Potato waffle		Roast potatoes		Jacket wedges	
Freshly cooked Jacket Potato with ONE choice of T=tuna H=ham C=cheese O=salmon									
Flap jack		Fresh Fruit platter		Fairy cake		Fresh fruit platter		Chocolate mousse	

Week 5 beginning 27th September 2021.

Monday		Tuesday		Wednesday		Thursday		Friday	
M	V	M	V	M	V	M	V	M	V
Chicken	Cheese	Beef bolognese	Meatless bolognese	Roast Chicken	Vegetable sticks	Vegetarian cheese & tomato pizza		Chicken burger	Meatless burger
Pasta & sauce		Spaghetti		Roast potatoes		Jacket wedges		Chips	
Freshly cooked Jacket Potato with ONE choice of T=tuna H=ham C=cheese O=salmon									
Ice cream		Brownie		Rice crispie cake		Fresh fruit platter		Chocolate cake	

Week 6 beginning 4th October 2021

Monday		Tuesday		Wednesday		Thursday		Friday	
M	V	M	V	M	V	M	V	M	V
Pork Sausage roll	Cheese & onion roll	Beef Chilli con carne	Macaroni cheese	Chicken & salad wrap	Cheese & salad wrap	Roast Chicken	Meatless burger	Fish fingers	Vegetable sticks
Mash		Rice & Nachos		Chips		Roast potatoes		Diced potatoes	
Freshly cooked Jacket Potato with ONE choice of T=tuna H=ham C=cheese O= salmon									
Fresh Fruit platter		Chocolate crunch		Rainbow cake		Jelly		Lemon cake	

Week 7 beginning 11th October 2021

Monday		Tuesday		Wednesday		Thursday		Friday	
M	V	M	V	M	V	M	V	M	V
All day breakfast	All day breakfast	Pork meatballs	Cheese & tomato pasta bake	Vegetarian Cheese & tomato pizza		Roast Chicken	Meatless burger	Fish finger	Macaroni cheese
Potato Waffle		Pasta & sauce		Chips		Roast potatoes		Jacket wedges	
Freshly cooked Jacket Potato with ONE choice of T=tuna H=ham C=cheese O= salmon									
Fresh Fruit platter		Chocolate Mousse		Fresh fruit platter		Fairy cake		Rice crispie cake	

Week 8 beginning 18th October 2021.

Monday		Tuesday		Wednesday		Thursday		Friday	
M		M	V	M	V	M	V	M	V
Vegetarian cheese & tomato pizza		Beef bolognaise	Cheese & tomato pasta bake	Roast chicken	Meatless burger	Pork sausage & Yorkshire	Meatless sausage & Yorkshire	Chicken	Cheese
Chips		Pasta		Roast potatoes		Diced potatoes		Pasta & sauce	
Freshly cooked Jacket Potato with ONE choice of T=tuna H=ham C=cheese O= salmon									
Ice cream		Fresh fruit platter		Brownie		Fresh fruit platter		Chocolate cake	

SANDWICH LUNCH

Sandwiches are available with a choice of filling:

C= Cheese H= Ham T= Tuna M= Marmite J= Jam O= Salmon

Sandwiches are served with a choice of **three** accompaniments from the list below.

CU=Cucumber sticks CA = carrot sticks F=Fruit BS=Bread Sticks Y=Yoghurt D=Dessert of the day.