



PE

*Be the
Best You
Can Be.*

At Blisworth Primary School we believe all children should have access to a high quality Physical Education (PE) curriculum and PE should be an integral part of the whole school curriculum. Our School recognises the benefits high quality PE provision and school sport can give to all pupils. Our PE curriculum aims to develop the skills to excel in a wide range of physical activities, by providing a broad & balanced curriculum with opportunities for all. Our PE curriculum will contribute to healthy and active lifestyles; improve emotional well-being and develop key skills such as leadership, confidence, good sportsmanship and team building skills.

To ensure that pupils of all abilities access the range of activities on offer and that they are physically active for sustained periods of time in order to encourage them to lead healthy, active lives.

Through our partnership with specialist sports coaches, our children will experience a wide-range of sports and activities beyond the expected sports.

Pupils will show a desire to improve and achieve to the highest levels in relation to their own abilities and potential.

To inspire pupils to succeed and excel in competitive sport and other physically demanding activities. Children will experience competitive opportunities against one another and other schools within our local community while representing our school values.

Integrity

To recognise the importance of honesty and sportsmanship in the world of PE and sports and recognise the importance of equality amongst athletes

Curiosity

To be inquisitive and interested when different sports and activities are introduced, showing a willingness to have a go

Courage

Pupils will gain self-confidence by getting involved in PE and sport and confidently participate in a variety of activities and sports competitions

Perseverance

To master a range of skills required to be successful sports people and show resilience and commitment to be the best they can be

Collaboration

To show teamwork and cooperation in a wide range of sports and activity with a winning attitude but accept losing and show respect towards umpires and referees

Community

To represent our school community in competitions and events. Respect the rules and expectations of sports organisers and make our school proud in the effort shown