

### Year 3 Jigsaw PSHE content Autumn Term

During the Autumn Term, we will be covering the Jigsaw themes 'Being Me in My World' and 'Celebrating Difference'.

#### Autumn 1: Being Me in My World

<b>Questions discussed</b>
<ul style="list-style-type: none"><li>• How can I recognise my worth and identify positive things about myself and my achievements?</li><li>• How can I face new challenges positively, make responsible choices and ask for help when I need it?</li><li>• Can I understand why rules are needed and how they relate to rights and responsibilities?</li><li>• Can I give examples of how individual behaviour can affect myself and others?</li><li>• Can I make responsible choices and take action?</li><li>• Can I see things from the point of view of others?</li></ul>
<b>Vocabulary</b> Valued, achievements, proud, pleased, personal goal, praise, acknowledge, emotions, feelings, nightmare, fears, worries, solutions, support, rights, responsibilities, dream, behaviour, rewards, consequences, actions, feelings, fairness, choices, co-operate, view point, belong.

#### Autumn 2: Celebrating Difference

<b>Questions discussed</b>
<ul style="list-style-type: none"><li>• <b>Do I understand that everyone's family is different and important to them?</b> This lesson will look at a multitude of different family groups from different cultures, religions, single parent families, same sex couples and parents with adopted children.</li><li>• <b>Do I understand that differences and conflicts sometimes happen among family members?</b> This lesson explores different conflicts that can arise amongst siblings and between parents and children. It will then look at how these conflicts can be resolved and/or prevented in future.</li><li>• <b>What does it mean to be a witness to bullying?</b> This lesson addresses the misconceptions around the word 'gay', exploring why it may be used as a derogatory term. It also looks at different types of bullying.</li><li>• <b>How can witnesses make a situation worse or better by what they do?</b> A continuation of the previous lesson.</li><li>• <b>Do I recognise that some words are used in hurtful ways?</b> This lesson explores words that may be hurtful to others and the consequences of using these words.</li><li>• <b>Can I talk about a time when my words affected someone's feelings?</b></li></ul>
<b>Vocabulary</b> Family, loving, caring, safe, connected, difference, special, conflict, solutions, resolve, witness, bystander, bullying, gay, unkind, feelings, tell, consequences, hurtful, compliment, special, unique, difference, similarity.