

Year 3 Jigsaw PSHE content Summer Term 2 Changing Me

This half term, our PSHE covers the topic 'Changing Me'. If you wish to discuss the content and resources of this curriculum, please do not hesitate to contact your teacher.

This year, Year 3 will learn the scientific terms for the private parts of the body: breasts, penis, testicles, vulva, vagina, anus and where a baby grows (They will not be taught about how a baby is conceived).

Changing Me	
Lesson 1	Stages in a life cycle Children will recap what different stages of a human life cycle look like – baby, toddler, child, teenager, and adult. They will make comparisons about the stages and what changes between the stages.
Lesson 2	Where does a baby grow? This lesson focuses on the growth of a baby in the uterus of the mother and how it gets all its nutrients from its mother but that nutrients are not all a baby needs. It includes drawn non-detailed illustrations of a baby developing in the womb sequentially over time.
Lesson 3	Becoming older This lesson explores what can happen as we become older. It focuses on valuing individuals no matter what their age and addresses fears children may have about becoming older.
Lesson 4	Naming parts of the body and understand which parts of the body are private. This includes the use of non-detailed scientific illustrations of body parts. Children will use the scientific terms for private parts of the body – breasts, penis, testicles, vulva, vagina, anus. It also includes a discussion about when to use these terms e.g., at the doctors to make it clear what you are referring to so they can help you.
Lesson 5	Exploring and challenging stereotypes about boys and girls Children will have the opportunity to investigate and address stereotypes about boys and girls and where we might see these stereotypes in everyday life e.g., in the supermarket, in advertising and so on.
Lesson 6	Feelings around change and transition Children will think about changes that may be coming in the year ahead and how they feel about moving on into a new year group.