Year 4 Jigsaw PSHE content Summer Term 2 Changing Me

This half term, our PSHE covers the topic 'Changing Me'. If you wish to discuss the content and resources of this curriculum, please do not hesitate to contact your child's teacher.

This year, Year 4 will learn the correct scientific terminology for all parts of the body, including the male and female reproductive organs and about where a baby grows (This will not include puberty or how a baby is conceived)

Changing Me	
Lesson 1	**Exploring inherited characteristics** Children will learn that you inherit genes from your biological mother and father and that these genes affect your physical characteristics.
Lesson 2	**Where does a baby grow?** This lesson focuses on the growth of a baby in the uterus of the mother and how it gets all its nutrients from its mother but that nutrients are not all a baby needs. It includes drawn, non-detailed illustrations of a baby developing in the womb sequentially over time.
Lesson 3	**Naming parts of the body and understand which parts of the body are private.** This includes the use of non-detailed scientific illustrations of body parts. Children will use the scientific terms for private parts of the body – breasts, penis, testicles, vulva, vagina, anus. It also includes a discussion about when to use these terms e.g., at the doctors to make it clear what you are referring to so they can help you.
Lesson 4	**Exploring and challenging stereotypes about boys and girls** Children will have the opportunity to investigate and address stereotypes about boys and girls and where we might see these stereotypes in everyday life e.g., in the supermarket, in advertising and so on.
Lesson 5	**Making changes** Children will explore how they can be successful in making the change they may want to in their life. It will cover strategies and choices to achieve change.
Lesson 6	**Feelings around change and transition** Children will think about changes that may be coming in the year ahead and how they feel about moving on into a new year group.