

## **Year 4 Jigsaw PSHE content Summer Term 1 Relationships**

This half term, our PSHE covers the topic 'Relationships'. Below, details the content that will be taught in your child's year group. If you wish to discuss the content and resources of this curriculum, please do not hesitate to contact your teacher.

Please be aware that class discussion may lead to questions arising outside of the planned content below. Please be assured questions will be answered in a sensitive, factual, age-appropriate manner although some questions may be directed to discussion at home.

<b>Relationships</b>	
<b>Lesson 1</b> <b>Jealousy</b>	I can recognise situations which can cause jealousy in relationships  I can identify feelings associated with jealousy and suggest strategies to problem-solve when this happens
<b>Lesson 2</b> <b>Love and Loss</b>	I can identify someone I love and can express why they are special to me  I know how most people feel when they lose someone or something they love
<b>Lesson 3</b> <b>Memories</b>	I can tell you about someone I know that I no longer see  I understand that we can remember people even if we no longer see them
<b>Lesson 4</b> <b>Getting on and falling out</b>	I can recognise how friendships change, know how to make new friends and how to manage when I fall out with my friends  I know how to stand up for myself and how to negotiate and compromise
<b>Lesson 5</b> <b>Girlfriends and boyfriends</b>	I understand what having a boyfriend/ girlfriend might mean and that it is a special relationship for when I am older.  I understand that boyfriend/girlfriend relationships are personal and special, and there is no need to feel pressurised into having a boyfriend/ girlfriend
<b>Lesson 6</b> <b>Celebrating our relationships</b>	I know how to show love and appreciation to the people and animals who are special to me  I can love and be loved