

M.A.B Gymnastics sessions will return next term for Year 1 and above, from Thursday  $11^{\rm th}$  September 2025.

During the term, gymnasts will cover a range of skills including: handstands, cartwheels, rolls and jumps, whilst developing their strength, balance and flexibility. Gymnasts will have the opportunity to work towards badges and take part in a competition in the summer term.

Thursday After School Club- Blisworth Primary School

 $11^{th}$  September –  $18^{th}$  December 2025, 3.15 – 4 pm:  $14 \times £4.75 = £66.50$ 

Payment must be made via bank transfer before the first session (account name: MAB GYMNASTICS ACADEMY sort code: 560060, account number: 41513487, please put your child's name and school as the reference).

Places are limited. To secure your place, please complete the link below:

https://forms.office.com/r/YcvjMS6HcP

Many thanks,

Mikaela Bates

Director/ Head Coach

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